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SoulCollage® Animal Companions and the New Year

As the new year brings fresh opportunities, gifts, intentions, and plans, none of us are alone in the trek forward. With a good dose of conscious awareness, we can rely on the animal allies and guides who companion our life journeys.

Many Indigenous elder mentors teach that though our animal spirit helpers are often mistaken as invisible, or non-existent, they never tire of showing up for us humans to try to help—we have only to recognize their often subtle (sometimes glaringly obvious) presence in our lives. From there, a reliable relationship can be established and blossomed. Lisa Miller, SC Trainer

As an intuitive, I have always believed in the invaluable messages of our beloved animal allies. Let's explore together – you might be surprised who shows up!

Join me in this uplifting workshop to:

- (1)** Become acquainted with or enhance your relationship with an enduring animal helper *on your team*, or to meet a new one whose support you'd appreciate for a specific project or intention.
- (2)** Receive a 2023 New Year message, directive, or blessing.



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What-To-Expect:

- *A carefully tended gathering.
- *A brief relaxation meditation.
- *An animal spirit meditation.
- *Working with your card, or new image.
- *Journaling.
- *Some conversation, and a meaningful sense of community.

What-To-Bring:

- (1)** A new image not yet a card, or an existing card from any suit in your deck that represents a wild animal you're drawn to, or one whom you know is drawn to you: a two or four legged one, one who swims, or, a winged one.
- (2)** Your journal and pen.
- (3)** Your heart for personal exploration in the spirit of community, learning, and fun.