



ART
WORKS!
STUDIO

Verdant Hope - SoulCollage® Online Workshop

Symbolically, Spring is a time of new beginnings in the year's wheel, when all is possible - if only lying just beneath the surface, waiting to burst forth.

This two-hour online workshop will explore the concept of Verdant Hope (flourishing in uncertain times). Using intuition and imagination, we will explore some poetry and create cards, each reflecting a different aspect of who you are. The cards are made from simple materials: magazine images or photographs, scissors, glue, blank white heavy index cards, your favorite pen, and paper. We will create cards, journal with them, and learn how to check in with them as trusted guides on our journey.

This method has helped hundreds of declared non-artists and artists discover their creativity and fuel their imagination. Once a card is created, your images will reveal their gifts and wisdom through journaling, visualization, and asking questions, all emerging from within you and reflecting on your strengths, beauty, complexity, dreams, and accomplishments. Each SoulCollage® card becomes a portal to your story and your innate knowing. Accessing these deep parts of yourself will help you navigate your daily life and find answers to personal and existential questions.

Thank you for taking my class, I look forward to ARTing with you!

Sasha